OUTDOOR TABLE TENNIS

Outdoor table tennis tables have the ability to engage the whole of your community in a positive and fun activity. We have worked with hundreds of organisations who have successfully introduced tables into their communities and their expectations on what can be achieved have always been exceeded!

THE IMPACT OF PING PONG

Ping pong, or table tennis, can provide many benefits for specific groups or the community as a whole;



- Lowers risk of major illness through increased heart rate
- Develops motor skills



- Reduces the risk and symptoms of depression, stress and anxiety
- Improves self-esteem



- Aids the development of social skills
- Helps people to form friendships
- Creates a sense of community

If you're thinking about introducing outdoor tables into your community, consider...

1. Talking to people in order to provide something they

- want and will use
- 2. Where the best place to put the table/tables is. A table placed in a visible, prominent area with plenty of footfall will be more popular than somewhere hidden away. Consider the elements in your selection too - a very windy location won't work!

- 3. Doubling up! Our research shows that having two or more tables in a location encourages greater numbers of people to play and, can create a more vibrant scene
- 4. Providing seating. People enjoy watching as well as playing and, seating can encourage people to wait to play if the tables are already occupied. Seating also creates a nice perimeter for the activities
 - 5. Consider how people will have access to bats and balls - perhaps locate the tables close to a facility that could loan or hire equipment out to people. Or, maybe you could talk to the local shop and see if they can make it available for sale

PINGINTHECOMMUNITY.CO.UK







WHAT WE CAN PROVIDE

Our Ping in the Community table tennis packages are designed to make introducing table tennis into your community really easy!

Outdoor packages include all-weather-bats, balls and printed resources to help advertise and activate your project should you wish to. We have different outdoor options available depending on your requirements;



OUTDOOR Temporary table

This table can be easily moved for use in different spaces. It is ideal for events and, in or outdoor usage. This table cannot be secured to the ground so should not be left outside on a permanent basis. £660



Tables can be placed onto most surfaces, but some may require some preparation to ensure the tables are secure and that the area is safe for people to play.

If you plan to place the table on grass, you may like to consider laying rubber grass matting. This will prevent wear and reduce risks of slipping or tripping due to wet or muddy playing surfaces. Alternatively, you may wish to lay concrete at each end of the table or underneath the whole thing. We recommended 2-metre overhang at each end and a 1-metre overhang at each side of the table if you choose this option.

Need more information? Get in touch with us via www.pingengland.co.uk



OUTDOOR SEMI-PERMANENT TABLE This is a static, durable table, It

can be fixed to the ground using large pins or bolts. There is the option to move this should you wish to, maybe to preserve the ground or, if you are not certain on the best location and want to try some different options. £685

FUNDING

If you need some funds to introduce outdoor tables

into your community, there are plenty of local and national pots available. Take a look at some of the options below;

- Sport England's Community Asset Fund
- Awards for All
- Active Partnerships or Local Authorities
- www.mycommunity.org.uk/ funding-options

Although the tables, bats and balls we supply are reasonably priced, bear in mind that costs can add up if groundworks need to be completed (these can be between £1,500 - £3,000 on their own). Note that laying a surface could be considered as a permanent structure and could limit what funding you can apply for.



OUTDOOR PERMANENT TABLE

This is an extremely robust, steel structured table. It can be sand weighted and/or secured to the ground with concrete anchors at each foot. £1120

USEFUL ADDITIONAL INFORMATION

- •We recommend that each table should be placed in an area measuring 8m x 4m with a clear height of at least 3m above the table to make it a safe space. A smaller space might be suitable though, providing there are no dangers nearby e.g. roads, lakes or walls!
- All tables are provided with fixings for you to secure the table to the ground, but check that the fixings are suitable for the surface the table is placed on. You may have to purchase additional fixings
- Maintenance costs after the initial purchase are very low and all tables have a manufacturers guarantee
- •We rarely hear of vandalism of tables and most get year round usage by a broad section of the community
- Ensure you have permission from the land owner/trustees to place the table/s and take the time to explain who you hope to attract and what you want to achieve
- Make sure you have appropriate Public Liability Insurance policies in place for your outdoor table tennis tables. You may need to update your Public Liability Insurers to include this activity - the cost for this is normally minimal